

Earning Rewards

One of the best ways to support our children's behavior is use positive reinforcement.

Earning a reward is a powerful way to help a child or adult to complete a task. The reward can be simple- time with a family member, screen time, or time with a favorite toy are all great choices. The following pages can be printed and used as a reminder of what needs to be done before a reward is earned.

Some children need to earn rewards more often than others. For these children a first/then board shows one job followed by one reward. As children learn the system, we can add to the number of tasks before the reward.

Choose one of the following boards based on your child's needs. You can write out the job and reward or use pictures.

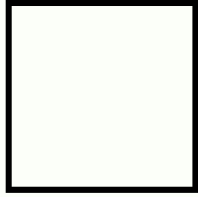
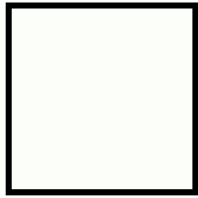
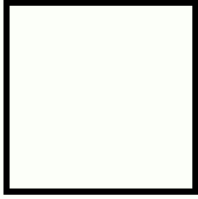
First:

Then:

First:

Then:

First:



Then:

First:

Then: